



Bike Tube Headband

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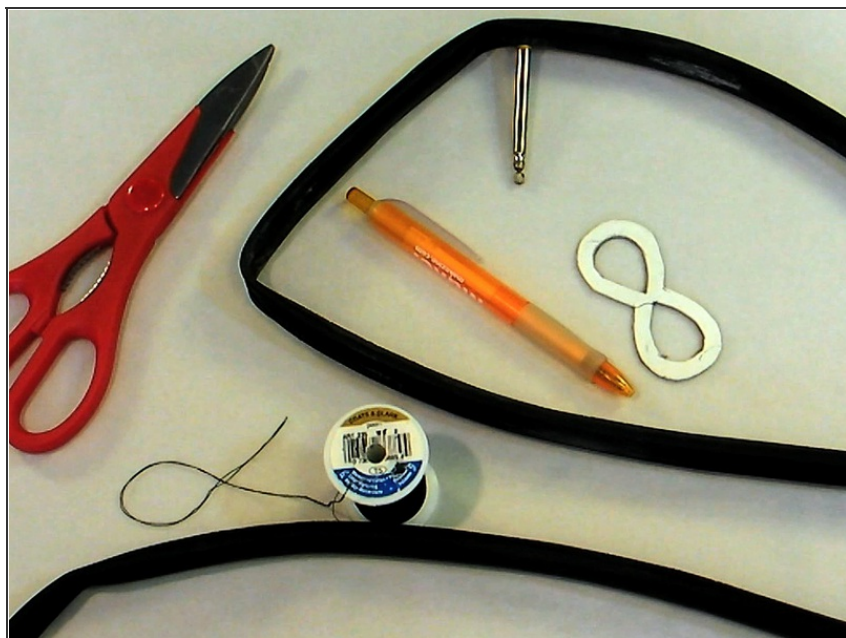
TOOLS:

- [Pen \(1\)](#)
- [Scissors \(1\)](#)
- [Sewing needle \(1\)](#)
- [Thread \(1\)](#)

SUMMARY

[Watch the video on CRAFT!](#) Upcycled accessories are fun and easy to make. Watch and learn how to make your own chain-link headband from a busted bicycle inner tube! I got this project idea from Britt McMaster, who showed us how to make a [chain-link necklace from white leather](#) over on her blog, [cucumbersome.com](#).

Step 1 — Bike Tube Headband



- Gather supplies.

Step 2



- Cut off the tube's valve stem and slice down one side to open the tube.
- Wash out the white powder inside the tube with soap and water. An abrasive sponge may help!
- Watch out for goo tubes! If you live in a prickly place, you may have tubes with goo in them. In my experience, it's not worth it to try to use goo tubes for this project.

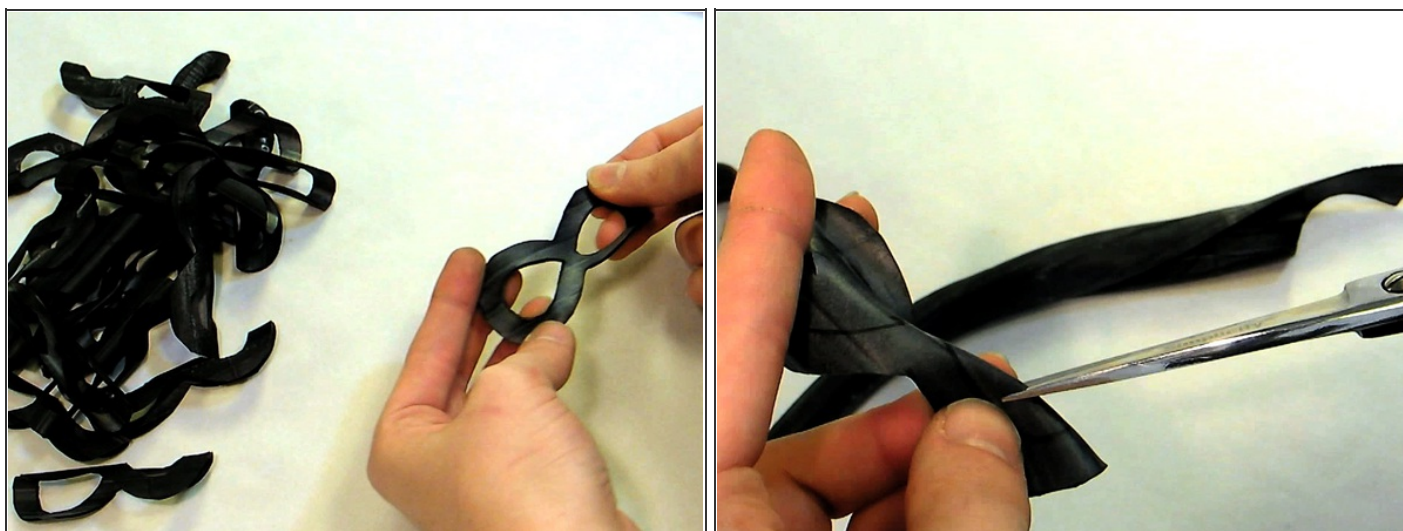


Step 3



- Print and cut out the paper/cardboard template.
- Trace the template repeatedly along the length of the bike tube.

Step 4



- Cut out each shape until you've got a whole pile of "figure eights."

Step 5



- Fold one shape in half so that the cutouts line up.
- Insert another shape through the cutouts in the folded shape.
- Continue chaining shapes together in this manner until your desired length is achieved.
- To create a seamless finish, cut the last folded loop in an inconspicuous spot, thread it through the first loop and sew the cut loop back together.

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